

**SEWARD COUNTY COMMUNITY COLLEGE  
COURSE SYLLABUS**

**I. TITLE OF COURSE:** PE2312- Theory of Coaching Basketball

**II. COURSE DESCRIPTION: 2 credit hours  
2 credit hours of lecture and 0 credit hours of lab per week.**

To present different ideas on teaching and coaching the game of basketball. To cover fundamentals, as well as, philosophies of offense and defense, and styles of individual and team play. For each unit of credit, a minimum of three hours per week with one of the hours for class and two hours for studying/preparation outside of class is expected.

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Pre-requisite: None

**III. PROGRAM AND/OR DEPARTMENT MISSION STATEMENT:**

The SCCC physical education program will broaden the understanding of fitness for life by providing general education, appropriate technology, and professional development opportunities that promote a healthy lifestyle.

**IV. TEXTBOOK AND MATERIALS:**

None

**V. SCCC OUTCOMES**

Students who successfully complete this course will demonstrate the ability to do the following SCCC Outcomes.

- 1: Read with comprehension, be critical of what they read, and apply knowledge gained to real life
- 2: Communicate ideas clearly and proficiently in writing, appropriately adjusting content and arrangement for varying audiences, purposes, and situations.
- 3: Communicate their ideas clearly and proficiently in speaking, appropriately adjusting content and arrangement for varying audiences, purposes, and situations.
- 5: Demonstrate the ability to think critically by gathering facts, generating insights, analyzing data, and evaluating information
- 6: Exhibit skills in information and technological literacy

**VI. COURSE OUTCOMES:**

1. The student shall be made aware of the problems that can occur on and off of the court such as court maintenance, budgets, travel, etc.
2. The student shall be given the tools necessary to coach the game of basketball using different strategies and the basic fundamentals of the game.
3. The student will know how to plan and run a successful basketball practice session using different drills that will benefit the players fundamentally.

**VII. COURSE OUTLINE:**

1. Coaching
2. Assistant Coach's Responsibilities

3. Motivation
4. Differing Philosophies
5. Characteristics of Good and Poor Coaches
6. Administrative Responsibilities
7. Flexibility and Basketball Position
8. Running
9. Jumping
10. Pivoting
11. Sliding
12. Passing
13. Dribbling
14. Shooting
15. Rebounding
16. Offense
17. Without the Ball
18. Team Offense - Philosophy
19. Utilization of personnel
20. Ball control vs. Fast break
21. Team play
22. Arriving at an offense
23. 2 game
24. Flex
25. Passing game
26. 4 corners
27. Delay
28. Press offense
29. Half court release
30. Zones sets - odd even theory
31. Special Plays
32. Out-Of-Bounds Play
33. Drills to Teach Individual and Team Offense
34. Miscellaneous
35. Practice Planning and Conditions
36. Special Situations
37. Drill Work - Full Court: Offense, Defense, Combination
38. Drill Work – Individual: Offense, Defense, Combination
39. Drill Work – Team: Offense, Defense, Combination

#### **VIII. INSTRUCTIONAL METHODS:**

1. Lecture
2. Video Tapes
3. On Court Demonstration
4. Guest Lecturer
5. Films

#### **IX. INSTRUCTIONAL AND RESOURCE MATERIALS:**

1. Course Notebook
2. Class Participation
3. Exams

#### **X. METHODS OF ASSESSMENT:**

Methods of assessing the general course outcomes and the specific course competencies include tests, daily work, class attendance, and participation.

SCCC Outcome #1 will be assessed and measured by class participation and writing assignments and test answers.

SCCC Outcome #2 will be assessed and measured by daily writing and note taking in a notebook to be typed and turned in at end of semester.

SCCC Outcome #3 will be assessed and measured by daily writing and note taking in a notebook to be typed and turned in at end of semester.

SCCC Outcome #5 will be assessed and measured by the students scores on tests.

SCCC Outcome #6 will be assessed and measured by students being required to utilize computers for Internet articles and for class papers and typing of notebooks.

#### **XI. ADA STATEMENT:**

Under the Americans with Disabilities Act, Seward County Community College will make reasonable accommodations for students with documented disabilities. If you need support or assistance because of a disability, you may be eligible for academic accommodations. Students should identify themselves to the Dean of Students at 620-417-1106 or going to the Student Success Center in the Hobbie Academic building, room 149 A.

Syllabus Reviewed: 12/20/2018 16:20:04